



Senior Advantage is not just for inpatients! Membership provides many services and programs at all Valley Health System hospitals: Centennial Hills, Desert Springs, Spring Valley, Summerlin and Valley. Senior Advantage is not an insurance program of any kind. A one-time \$10 membership fee entitles you to a host of benefits.

PROGRAM BENEFITS:

- ❖ **Medicare Insurance Part A deductible** may be waived for you as an inpatient. (Some restrictions apply, must be a Senior Advantage Member at the time of admittance)
- ❖ **Direct Doctors Plus** - A physician referral service that assists you to locate Southern Nevada physicians by calling 388-4888.
- ❖ **Designated Member Only Parking** Senior Advantage parking is available only at Valley Hospital and Desert Springs Hospital. Please call 853-3008 for more information and your parking decal.
- ❖ **The Discount Club** - Dynamite discounts and special offers on items from prescriptions to dining. The complete INFORMATION GUIDE is enclosed.
- ❖ **Free Blood Pressure Checks** available at all of the Valley Hospital System's Hospital Medical Centers.
- ❖ **Health News** - A quarterly magazine mailed to your home which provides you with the latest medical news and information on upcoming Senior Advantage events.
- ❖ **Special Events** such as free lectures by local physicians, health fairs and members-only luncheons offered throughout the year.
- ❖ **Daily Newspaper** delivered to every hospitalized member.
- ❖ **Hospital Bill Review** Upon request, a private hospital bill review by a billing representative may be provided by calling the Consolidated Billing Office at 894-5700. An Interest-free payment plan for any services not covered by insurance is also available.
- ❖ **Discounted prices** available in hospital cafeterias and gift shops.
- ❖ **Phone registration** is available for pre-planned inpatient hospitalization.
- ❖ **AARP Safe Driving Classes** are offered monthly and may help you reduce your car insurance rates. Classes are held at Spring Valley Hospital only. Please call 388-4888 to register.
- ❖ **Low-impact water aerobic classes** are offered every week day. Class size is limited. You must have a physician's note to participate. Classes meet at the College of Southern Nevada, West Charleston campus. Call 388-4665 for an information packet.

Presenting your Senior Advantage card to any listed businesses will give you the special savings made possible by The Valley Health System Senior Advantage program.

Discount Club

Acuarios Cleaning Company: A full service cleaning company, specializing in residential homes, apartments and offices. Receive a deep clean every time. Carpets and upholstery cleaning are also available. Senior Advantage members can take advantage of a 10 % discount for each service booked. We pride ourselves on being reliable, honest and affordable. Call 630-6781 for a free quote.

Aesthetic Dentistry, the office of Johnathan R. White, D.D.S. offers a 20% courtesy discount off regular fees to Senior Advantage members who have no dental insurance. Located at 8084 W. Sahara Ave., Suite G, Dr. White can take care of all your oral health care needs. Call 823-3000 to set-up a time to meet their friendly, professional staff.

ALERT 911 NOW - Offers an In Home Emergency Response System with two-way voice communication only \$34.95 / month. When your home alone get help by the push of a button on your waterproof pendant for any type on emergency around the home. We also offer medication reminders, & well checks with this service. Our Techs/ reps will install monitor/service for you and answer all your questions for that one on one customer service. Member Discounts offered are 50% discount on enrollment/install (\$25.00 value) a coupon for a FREE 4th month of service (\$34.95 value) and a complimentary lock box (\$25.00 value) mention Sr. Advantage when you call for a total discount of \$84.95. Call (877) 855-8331 local office / Las Vegas or (702) 588-9461

Amway Products offers Senior Advantage members a 20% discount. Choose from a variety of concentrated laundry, surface and dish cleaners. Healthy living products developed with innovative technology can improve the air your family breathes, the water they drink and the food you cook, while exclusive shampoos. Conditioners, lotions, and oral health products will keep you looking and feeling your best. *Amway, 50 years of environmentally responsible products.* Call John & Barb Villani 396-8627

Amerifund Lending Group offers Senior Advantage members the opportunity to save on mortgage closing costs whether buying, selling or refinancing your home. Please call Julian at 499-7044 for information concerning your needs.

Anderson Audiology, P.C. has been providing comprehensive audiological and hearing aid services since 1975. We strive to provide the best quality of care resulting in exceptional outcomes for our patients. At Anderson Audiology we are committed to improve quality of life through the best customized solution for all hearing needs. Senior Advantage members receive a complimentary hearing aid consultation and \$500 off a binaural hearing system. Call today! 702-233-4327 (Las Vegas) or 702-933-9102 (Henderson) www.andersonaudiology.com

At Your Service Home Care is offering Senior Advantage members the first 4 hours of a 6 hour minimum contracted home care for free (one time discount). Our services provide basic ADL's bathing, dressing, grooming, light housekeeping, meal preparation, medicine reminder, continence, transfers, companionship, assisting devices, and transportation. We do offer some grants that you may qualify for and we do take Medicaid. So sign up today and get the home care that you need to stay comfortable. Please call (702) 562-2348 for more information. Some restrictions apply.

Atria Senior Living Group (Assisted Living) offers an alternative lifestyle to seniors who no longer want to live on their own. These beautiful communities feature private apartments with 3 daily restaurant-style meals, housekeeping, transportation, social events and 24 hour accessible staff. Additional services are available and may be tailored to your personal care needs. Promotions offered monthly. Locations: SEVILLE TERRACE (Summerlin) 804-6800, SUNLAKE TERRACE (Southwest) 256-6500; SUTTON TERRACE (Southeast) 436-9000.

Better Nutrition has provided discounted Better Nutrition and Low Carb products for over 10 years. Trained staff will also provide answers to your nutritional needs. You will receive a 25% discount on over 3,000 products by presenting your Senior Advantage Card. See the Yellow Pages for 10 locations for Better Nutrition. Your one source for your health needs!

Bloomers Flowers – Save 10% on local orders only. Call 734-1604 to place an order or visit their location at: 440 E. Sahara Ave., Las Vegas, NV 89104

Bonnie's Antiques and Collectibles specializes in antique glass and pottery. To receive your 10% discount, present your Senior Advantage card. Location: Antiques at the Market, Booth #43 & 44, 6665 S. Eastern. Call 300-8012 for more information.

Caregivers for Elderly: Our services include bathing and grooming, change of bed linens, laundry, assist from bed to wheelchair, meal preparation, medication reminder, light housekeeping and many more. **Free driving to errands.** Senior Advantage members will receive a **15% discount** until the duration of service. For more information please call **Jacqui Magno at 556-4214 or at 542-5937.**

Casino Perks is an entertainment book containing over \$1200 of "2 for 1" offers on top shows and dining in Las Vegas plus offers to Bally's Spa, Madame Tussaud's Celebrity Wax Museum, Cruises on Lake Las Vegas, and many other places. A 20% discount on the price of the book is offered to Senior Advantage members by calling 616-4052. Please mention your Senior Advantage 'Code 007' to receive the discount.

Collette Vacations can help you experience vacation packages throughout the U.S., Canada, Australia, Europe, Asia, Africa and South America. Senior Advantage members receive a 5% discount on tour vacation packages. Call 1-800-437-0235 for more information. (Promotion code U001-AX1-918). Or visit: www.collettevacations.com.

Comfort Keepers is a worldwide franchise network specializing in Inter-Active Caregiving. We provide companionship, personal care, meal preparation, light housekeeping, medical reminders, shopping, errands, incidental transportation and more. Senior Advantage members receive a 10% discount on the first month's services. For more information, call Lorraine or Carol at 385-1000.

CURVES (N. Durango Location Only) 30 minute total body workout combining both Cardio and Strength Training for any fitness level. Receive personal attention. We monitor inches, weight and body fat. Call for free tour and fitness assessment. Present your membership card and pay ZERO sign up fee. 6720 N. Durango Drive, Suite 220 (near Kohl's) 702-656-9155 (some restrictions apply.)

Dental Plans.com offers individual and family discount dental plans starting at just \$79.95 per year. Over 30 available plans to choose from. Get 25% off with coupon Code NEVADA. Join now and receive 3 additional months free. Call 1-888-632-5353 or visit www.dentalplans.com

Flower Peddler can save you 10% on all floral and plant arrangements for any occasion (birthday, wedding, anniversary) delivered in Las Vegas. For ordering or information, please call 458-0078 and mention Senior Advantage. Location: 3525 E. Flamingo Road

Guardian Alert 911's Personal Emergency Response System offers an affordable and safe emergency assistance service in the event of an accident or accidental fall in and around your home. As a Senior Advantage Club member, you will get \$10 off the already low price of \$195.00, bringing your total cost for the entire system to \$185.00. There are no "extra charges"...period. Guardian Alert 911 offers these benefits: There is NO monthly monitoring or service fees – Ever! To receive your \$10 discount, please mention Senior Advantage when you call 492-1646.

Home Instead Senior Care- is a worldwide franchise network that provides a wide range of services including companionship, meal preparation, light housekeeping, medical reminders, shopping, errands and so much more. Senior Advantage members receive a 5% discount on the first month's services. For more information, please call 796-6393.

Homewood Suites by Hilton: If "Minutes from Everything, Miles from Ordinary" is one of your requirements, look no further than our quiet, new (May 2008) non-gaming property. Request the "VHS" Rate and receive a 15% discount off prevailing rates and/or our Park & Fly Package, which includes up to 10 days of parking and 24 hr. transportation to and from McCarran International.

We're everything you've come to expect from Homewood Suites --Fully Equipped Kitchen, Daily Complimentary Suite Start Hot Breakfast, Welcome Home Reception (Mondays - Thursdays), High Speed Internet Access, DVD Player, Heated Outdoor Pool and Jacuzzi, 24 hr. Business Center, and Fitness Center --and more...Complimentary 24 hr. Transportation to the Airport and Mandalay Bay. Welcome Home! Located at 230 Hidden Well Road, Las Vegas, NV. 89119, close to McCarran Airport. For more information call 407-0075 ext. 502

Las Vegas Marriott South Properties- preferred savings at the following properties when you mention discount code: **Universal Health Services:**

Residence Inn- 5875 Dean Martin Drive, Las Vegas, NV 89118 (702) 795-7378

Includes breakfast buffet (15% off rate of the day for those staying 30 or more consecutive days)*

Courtyard by Marriott- 5845 Dean Martin Drive, Las Vegas, NV 89118 (702) 895-7519

(15% off rate of the day)*

Fairfield Inn & Suites- 5775 Dean Martin Drive, Las Vegas, NV 89118 (702) 895-9810

Includes continental breakfast (15% off rate of the day)*

*All rates based on availability, all hotels include high speed internet, transportation to/from Mandalay Bay, MGM Grand and Towne Square shopping center.

Life Line Screening - offers ultrasound preventative health screenings to assess the risk of stroke and vascular disease, including carotid artery, abdominal aortic aneurysm screenings, ankle brachial index for PAD and early detection of osteoporosis. Members receive \$10 off the complete wellness package price of \$129. Call (800) 643-6075 for registration at a screening location nearest you.

Nevada Eye & Ear: Senior Advantage members receive a 20% discount on all eyewear. For more information call our central phone number at **702-896-6043**. The Optical Shops at Nevada Eye have four locations:

9100 W. Post Road, Las Vegas 89148
2598 Windmill Pkwy., Henderson 89074

860 Seven Hills Road, Henderson 89052
2020 Goldring Ave., Suite 401, Las Vegas 89106

Plant World is a complete nursery that has been serving Las Vegas for over 30 years. Senior Advantage members will be entitled to 10% discount on all purchases including bedding, shrubs, garden tools, pottery, sprinkler supplies and much more! Call 878-9485 or stop by to see what Plant World has to offer. Location: 5311 W. Charleston Blvd.

Scher Goodyear Tire Inc. offers the '10 Club' to members of Senior Advantage: \$10 lube, oil and filter changes; 10% savings off all tires; and 10% off all automotive service work which is available 7 days a week at 8 valley locations:

2120 E. Warm Springs, 263-2300
4445 E. Charleston, 431-8989
6765 W. Flamingo, 367-2325
4150 Meadows, 870-8901

3590 E. Tropicana, 458-5767
5567 S. Rainbow, 873-5388
7005 W. Sahara, 871-5767
6740 W. Cheyenne, 658-4474

ScriptSave, prescription discount card, provides you lower prescriptions at familiar local pharmacies. There is no cost to a Senior Advantage member but you need to contact ScriptSave directly 1-800-700-3957. Be sure to give The Valley Health System group #649. You may also enroll online at www.scriptsave.com., enter group #649 and then click on "Card Services"

Smiles Today Dental is doing great things for seniors. Offering free round-trip transportation to our office, and an in-house lab technician for those that need immediate care to get their dentures adjusted without delay. We also offer weekend and evening hours to accommodate flexibility in schedules. We are providing 20% discounts for those Senior Advantage members that are uninsured. These services are our way of showing appreciation for our seniors as well as giving them the opportunity to experience quality care in the services we provide. For further information contact, the office manager, Alice at (702) 655-6777.

Spring Mountain Sahara, provides psychiatric services for seniors ages 55 and older. Specializing in treating those inflicted with mental illnesses, such as depression and mood swings. They offer free, confidential assessments to determine if you will need inpatient hospitalization. Once admitted, patients will be under the care of a psychiatrist, including 24 hour nursing care and therapy services for approximately 1-2 weeks. Admissions staff are available 24 hours/7 days per week by calling (702) 216-8900

Stanley Steamer is nationally established residential and commercial carpet cleaning service which provides a 10% discount to Senior Advantage members. For an estimate on your next carpet cleaning service, please call 361-2277.

The Bridge at Paradise Valley Enjoy Assisted Living at its best. Our Community facilities are specifically designed to encourage seniors to live their retirement years as actively and as independently as possible. Assisted Living at The Bridge at Paradise Valley allows seniors to live carefree lifestyles- because we take care of the details! Our services include restaurant-style dining, housekeeping and apartment maintenance and we are committed to making The Bridge at Paradise Valley a place you will love to call home. As a Senior Advantage member we will waive your community fee of \$1500. Call or stop by for a tour of our community, 2205 East Harmon Avenue, Las Vegas, Nevada 89119. 702-369-6964

Travelsmarter.biz Enjoy our on-line travel company. With access to the best rates available, Senior Advantage members can go to www.travelsmarter.biz click on preferred members and sign up for free. You will get free travel insurance, along with many other valuable options like free concierge service and much more. Call Bud Karas at 435-3001 or email bud@travelsmarter.biz for more information.

UNLV School of Dental Medicine Clinic offers routine dental and emergency dental services to the public at discounted rates up to 60%. From routine cleanings and X-rays to crowns, bridges and dentures, the clinic offers substantial savings. Shadow Lane Campus located at 1700 W. Charleston Blvd. Call 774-2400 to make an appointment. Please note that it can take up to six months for an appointment.

Visiting Angels (www.visitingangels.com), has been serving Las Vegas seniors and disabled citizens with quality home care for over 10 years. We have 150 caregivers and have performed over 1,200,000 caregiving hours. Visiting Angels offers bathing, dressing, continence, transferring, light housekeeping, meal preparation, feeding, errand service, companionship, and other services. Our caregivers are thoroughly screened and experienced. Visiting Angels has some 400 franchises nationwide, our franchise is locally owned and managed. We offer Senior Advantage members a discount on service hours in addition to our competitive prices. Please call our office at 702- 407-1100 for more information.

Wells Fargo Reverse Mortgage- Are you a home owner? Are you 62 or older? Instead of making monthly payments, you can choose to receive them. Call today to make an appointment for your free consultation to see if reverse mortgage is right for you. Senior Advantage members receive a free \$20.00 grocery gift card with every in-person consultation. Call Jeff Thompson at (702) 765-3327 for more information.

Women's Center at Summerlin Hospital Medical Center reduces the cost of the bone density Dexascan to Senior Advantage members for \$95. FACT: 1 in 2 women have osteoporosis. Call 233-7203 to schedule your appointment today. Payment needs to be made at time of service. This may not be used in conjunction with any insurance, Medicaid or Medicare. When registering, please show ONLY your Senior Advantage card and NOT any insurance cards to qualify for this special offer.

The Valley Health System's, Senior Advantage program offers the Discount Card Club as a service to its paid members. With the exception of those services offered by Desert Springs Hospital and Summerlin Hospital, neither Senior Advantage nor The Valley Health System warrants any provided goods and services or are affiliated in any way with participating businesses beyond this discounted service promotion. Questions or comments relative to the delivery and quality of goods and / or services provided through this program should be directed to the individual participating businesses.